

2020 MIAC Women's Cross Country Regional and National Awards

ATHLETIC HONORS

ACADEMIC HONORS

2020-21 CoSIDA Academic All-District Women's T&F/XC Team

Name	Institution	Class	Hometown High School	Major	GPA	Previous Selections
Helen Dolan	Hamline	Sr.	Holliston, Mass.	Studio Arts	3.96	2020
Alexandra Maddux	Hamline	Jr.	Moorhead, Minn.	Accounting	3.95	--
Birgen Nelson	Gustavus	So.	Edina, Minn.	Classics Political Science	3.97	--
Paige Woldt	St. Olaf	Sr.	Shoreview, Minn. Mounds View	Chemistry Psychology	3.76	--

MIAC AWARDS

| 2020 MIAC Women's Cross Country Awards | [Athletes of the Week](#) | Elite 22 Award | [Academic All-Conference](#) |